

- 001 The alarm clock is ringing. 闹钟响了
It's time to get up. 该起床了
- 002 wake up 醒来
I'm going to tickle you. 我要抓你痒痒了
- 003 open your eyes 睁开你的眼
- 004 rub your eyes 揉眼睛
- 005 stretch your arms 伸展手臂
- 006 pull off the blanket 掀被子
take off the blanket 掀被子
- 007 get out of bed 下床/起床
- 008 put on your pants 穿裤子
put on your shoes 穿鞋子
- 009 put on your clothes 穿衣服
get dressed 穿衣服
- 010 Can you button your shirt? 你能扣上衬衫吗?
button your shirt 扣衬衫
unbutton your shirt 解开衬衫
- 011 dress the baby 帮宝宝穿衣服
- 012 close the curtains 拉上窗帘
draw the curtains 拉上窗帘
- 013 open the curtains 拉开窗帘
draw back the curtains 拉开窗帘
pull back the curtains 拉开窗帘
- 014 The sun rises in the east. 太阳从东边升起
- 015 The sun sets in the west. 太阳从西边落下
- 016 fold up the blanket 叠被子
- 017 make the bed 铺床
- 018 I wet the bed. 我尿床了
You wet the bed. 你尿床了
- 019 I wet my pants. 我尿裤子了
- 020 go into the bathroom 进洗手间
- 021 break wind 放屁
fart 放屁
- 022 take a pee 尿尿
go pee 去尿尿
need to pee 需要尿尿
want to pee 想要尿尿
- 023 take a poop 臭臭
go poop 去臭臭
need to poop 需要臭臭
want to poop 想要臭臭
- 024 flush the toilet 冲厕所
use the bathroom 用卫生间
- 025 brush your teeth 刷牙
- 026 wash your face 洗脸
- 027 look in the mirror 照镜子
look into the mirror 照镜子
- 028 comb your hair 梳头
- 029 shave 刮胡子
Have you shaved yet, Dad? 爸,你刮胡子了吗?
- 030 put on hand lotion 涂护手乳液
sunscreen 防晒霜
ointment 药膏
- 031 wash your hands 洗手
- 032 dry your hands 擦干手
wipe your hands 擦手
- 033 do morning exercises 做早操/晨练
- 034 drink water 喝水
- 035 go to school 去上学/去学校
- 036 see your brother off 送你兄弟
- 037 take the bus to school 坐巴士去学校
- 038 take me to school 带我去学校
- 039 go to work 去上班
- 040 crack open the peanut 剥花生
- 041 blow on the food 用嘴吹食物
- 042 have some soup 喝汤
- 043 make breakfast 做早餐
make dinner 做晚餐
- 044 don't burn your hands 不要烫到手
- 045 set the table 摆餐具
- 046 have dinner 吃晚餐
eat some carrots 吃些胡萝卜
- 047 scoop the rice 舀饭
- 048 eat it quickly 吃快一点
your dinner is getting cold 你的晚餐要凉了
- 049 finish up your food 吃光
eat up 吃光
- 050 peel the banana 剥香蕉
peel the apple 削苹果
- 051 throw the peel into the bin 把皮扔进垃圾桶里面
- 052 take a bite 吃一口
take the last bite 吃最后一口
- 053 bite an apple 咬苹果
- 054 I bite my tongue. 我咬到了舌头
- 055 unwrap the candy 剥糖
- 056 eat the candy 吃糖
- 057 drink milk 喝牛奶
- 058 drink up the juice 喝光果汁
- 059 set down the cup 放下杯子
put down the cup 放下杯子
pick up the cup 拿起杯子
- 060 suck the juice 用吸管吸果汁
I sucked the juice. 我吸了果汁
through a straw 用吸管
- 061 spoon out the ice cream 用勺子舀出冰淇淋
- 062 clear the table 收拾桌子

063	polish my shoes	擦亮鞋子	096	have a haircut	理发
064	pick up the backpack	拿上包		get a haircut	理发
	take your bag	拿上包	097	tie your shoelaces	系鞋带
065	open the door	开门		Your shoelace is undone.	你的鞋带松开了
066	lock the door	锁门	098	thumbs up	竖起大拇指
	unlock the door	开锁		give a thumbs up	竖起大拇指
067	put the keys into the pocket	把钥匙放到口袋	099	scratch my arm	抓破手臂/挠挠手臂
068	leave the house	离开住所	100	tickle your feet	痒痒你的脚
069	goodbye	再见		Stop tickling me, I surrender.	别痒我了, 我投降
	say goodbye to your family	跟家人说再见	101	wave a fan	扇扇子
070	My baby is crying.	我的宝宝在哭	102	hold hands	牵手
071	Please stop crying.	请停止哭	103	let go	放手
072	wipe your eyes	擦眼睛	104	carry me on your shoulders	把我扛在你的肩上
	wipe off your tears	擦干眼泪	105	give you a piggyback ride	背你
073	do housework	做家务	106	hold a baby	抱宝宝
	clean the house	打扫房子		cradle a baby	抱宝宝
074	don't spill water	别洒出水	107	get into the stroller	把宝宝放进婴儿车里面
	wipe the desk	擦桌子		buckle up	扣好
075	carry luggage	提行李	108	push the stroller	推婴儿车
	carry flowers	搬花	109	come to mom	来妈妈这
076	wash the dishes	洗碟子		mom is here	妈妈在这里
	dry the dishes	擦干碟子	110	fall down	跌倒
077	do the laundry	洗衣服		Did you get hurt?	你受伤了吗?
	wash my clothes	洗衣服		try one more time	再试一次
078	tidy up the living room	整理客厅	111	push the baby walker	推学步车
079	put away the toys	收好玩具	112	give me a hug	抱一抱
	tidy up the toys	收好玩具	113	give me a kiss	亲我一下
080	fold the clothes	叠衣服		kiss me	亲我
081	sweep the floor	扫地	114	give me a smile	笑一个
082	vacuum the carpet	用吸尘器吸地毯	115	rock the baby	摇宝宝
083	mop the floor	拖地	116	rock the cradle	摇摇篮
084	add formula to water	把配方奶加到水里面	117	rock the rocking horse	摇木马
	dry milk=powdered milk=dried milk	奶粉		forward and backward	前后
	formula=baby formula	配方奶		up and down	上下
085	stir the milk	搅拌牛奶	118	ring the bell	摇铃铛
086	heat the milk	加热牛奶	119	shake the rattle-drum	摇拨浪鼓
087	shake the bottle	摇瓶子	120	don't sit on the floor	别坐地上
088	feed the baby	喂宝宝		stand up	站起来
089	don't bite mom	不要咬妈妈	121	sit up	坐起来, 坐直
	nurse the baby	喂母乳	122	change the diaper	换尿布
090	blow up a balloon	吹气球	123	put on a bib	戴上口水巾
091	blow the whistle	吹哨子		wear a bib	戴着围嘴
	whistle a song	吹哨子歌	124	learn to talk	学说话
092	climb a tree	爬树	125	start to crawl	开始爬
093	cut the paper	剪纸	126	go away	走开
094	cut your nails	剪指甲	127	pick up the baby	抱起宝宝
	trim your nails	剪指甲	128	don't touch	别摸/碰
095	you can do it	你能做到		don't pick it up	别捡

- 129 She is teething. 她在长牙
- 130 I love you. 我爱你
I love my baby. 我爱我的宝宝
- 131 blow your nose 擤鼻涕
- 132 pick your nose 抠鼻子
- 133 wipe your nose 擦鼻子
- 134 I bumped my head. 我撞到头了
- 135 don't suck your thumb 别吮手指头
- 136 He is sweating. 他流汗了
- 137 wipe the sweat 擦汗
- 138 go home 回家
- 139 take the stairs 爬楼梯
hold the handrail 握好扶手
climb the stairs 爬楼梯
- 140 go upstairs 上楼
go up the stairs 上楼
walk upstairs 上楼
- 141 go down the stairs 下楼
- 142 take the lift 乘电梯
press the "up" button 按向上按钮
wait for the lift 等电梯
- 143 get on the lift 进电梯
- 144 press the button 按按钮
choose the floor 选择楼层
- 145 The lift is going up. 电梯上升
The lift is going down. 电梯下降
- 146 get off the lift 从电梯出来
- 147 insert the key 插进钥匙
get home 到家
- 148 turn the key 转动钥匙
hold the handle 握好扶手
- 149 take out the key 拿出钥匙
- 150 push the door 推门
- 151 come into the room 进入房间
go inside 进去
- 152 close the door 关门
- 153 put on your slippers 穿上拖鞋
- 154 hang his coat 挂他的外套
- 155 put on your pajamas 穿上睡衣
- 156 look up at the stars 抬头看星星
- 157 soak your feet 泡脚
- 158 smell stinky 闻起来臭
smell feet 闻脚
smell good 闻起来香
smell flowers 闻花
- 159 take off my coat 脱外套
get undressed 脱衣服
- 160 take off your pants 脱裤子
- 161 take off your shoes 脱鞋
put on your shoes 穿鞋
- 162 undress the baby 帮宝宝脱衣服
- 163 take a bath 洗澡
bathe a baby 帮宝宝洗澡
- 164 take a shower 沐浴
- 165 wash your hair 洗头发
- 166 dry your body 擦干身体
- 167 watch TV 看电视
watch cartoons 看动画
- 168 try to reach the switch 试着去够着开关
- 169 turn off the room light 关掉房间的灯
- 170 say goodnight 说晚安
goodnight 晚安
- 171 go into the bedroom 进卧室
- 172 bolt the door 用插销闭门
- 173 go to sleep 去睡觉
fall asleep 入睡
- 174 sing a lullaby 唱童谣
- 175 put the baby on the bed 把宝宝放在床上
- 176 tuck the baby in bed 帮宝宝盖好被子
- 177 turn on the bedside lamp 打开床头灯
- 178 stay up 熬夜
do homework 做作业
- 179 spread out the blanket 铺开被子
- 180 pull back the blanket 掀开被角
- 181 get into bed 上床
go to bed 去床上(未睡觉)
- 182 tell a story 讲故事
read to my baby 读给我宝宝听
- 183 set the alarm clock 设闹钟
- 184 turn off the lamp 关掉灯
- 185 kick off the blanket 踢被子
- 186 move along 挪动/腾出空间
move up=move over 挪动/腾出空间
- 187 pull up the blanket 把被子拉上去
cover up 盖上被子
- 188 toss and turn 翻来覆去
- 189 roll over 打滚
roll him over 翻下他的身
- 190 lie on your back 仰卧
lie on the bed 躺在床上
lie down 躺下
take a nap 打个盹
- 191 lie on your side 侧卧
lie on your left side 左侧卧
- 192 lie on your stomach 趴着